

The
Retreat
Hair & Beauty
Lifestyle Salon & Spa

Beauty Treatment & Spa Menu



Facials

Each individual skin concern will be addressed with personalised products in combination with the best techniques.

45 minutes£50.00

1 hour 15 minutes£71.50

1 hour 45 minutes£93.00

Dual Exfoliation Peel

Our latest non-invasive, skin-renewing treatment.

Using naturally derived mechanical and biomechanical exfoliation methods this treatment delivers immediate visible results. Skin texture is improved and more radiant, appearance of fine dry lines are smoothed and pores are refined revealing fresher and younger-looking skin.

1 hour 30 minutes£107.00

Course of four treatments (recommended)£382.00

Botanical Skin Resurfacing Treatment

Go beyond microdermabrasion, and energise the look of your skin. This treatment helps smooth skin texture and reduce the appearance of lines and wrinkles and pore size while significantly increasing radiance.

1 hour 15 minutes£77.00

Course of four treatments.....£280.00

Perfecting Plant Peel

Advancing the science of chemical needs to help retexturize skin; smooth fine, dry lines; refine the look of pores and restore radiance. Can be performed alone or added to any facial treatment to achieve the radiance and benefits of a 30% glycolic peel procedure without the associated redness and irritation.

45 minutes£50.00

15 minute add on£22.00

Course of four treatments (recommended)£162.00

Massage

Aroma Massage

Stress, muscle tension and lack of energy can all be addressed with a customised massage treatment. After a thorough consultation, your massage therapist will provide you with the best combination of products, personalised aromas and massage techniques.

Customised full-body massage and additional intensive work on 1-2 areas of focus

1 hour 45 minutes£93.00

Customised full-body massage

1 hour 15 minutes£71.50

Stress-fix customised full-body massage

1 hour 15 minutes£77.00

Customised pregnancy massage

1 hour 15 minutes£71.50

Customised back massage

45 minutes£50.00

Indian head massage

45 minutes£50.00

Aroma Scalp Massage

The perfect enhancement to any massage, facial or body treatment. Leave the product in your hair for added benefits, or schedule a shampoo and blow-dry service immediately following your experience.

15 minutes add-on.£22.00

Blow-dry following facials, massages,

body treatments from £17.00

Body Treatments

Aroma Body Polish Treatment

This treatment includes exfoliation and full-body application of moisturiser and foot reflexology techniques.

1 hour 15 minutes£71.00

Aroma Body Wrap

A warming and detoxifying seaweed body wrap treatment including a dry exfoliation, seaweed masque, scalp and face massage and foot reflexology techniques.

1 hour 30 minutes£77.00

Aroma Back Treatment

A customised treatment including a deep cleanse, exfoliation, massage and treatment masque. Perfect before a special occasion, or if you are suffering skin challenges on the back.

1 hour 15 minutes.£71.00

Endermolift

Targeted and Rapid Anti-aging Treatments

Your skin brought back to life! Cellular stimulation firms skin for a natural lifting effect. Your Spa Therapist will determine the appropriate treatment for you, and assess your skin’s needs.

10 min Target the area	£26
15 min Glow Endermolift	£40
20 min Detox Endermolift	£50
30min Anti-Aging Endermolift	£60

Eye Treatments at The Retreat

Tint test required 48 hours prior

Eyelash tinting	£17
Eyebrow tinting	£15
Eyebrow shaping	£17



Hands & Feet

Using Zoya award winning nail colour

Express manicure.....	£22.00
Maintenance manicure.....	£30.00
Express pedicure.....	£22.00
Maintenance pedicure.....	£36.00

The Retreat for Hands or Feet

A luxury treatment for when you have more time to relax, harnessing the best ingredients we have to offer. Unwind and enjoy massage techniques and masques with specifically chosen products for you. The full maintenance treatment is included in this pamper.

For the hands£33.00

For the feet.....£43.00

Please allow drying time & bring suitable footwear.



Contact us

For all bookings and enquiries

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www.theretreathairandbeauty.co.uk

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CND Shellac

Shellac nails

Application	from £30.00
Removal.....	*£12.00
Manicure	£37.00
Pedicure.....	£47.00

**£6 if having Shellac reapplied*

Waxing

Eyebrow.....	£17.00
Lip or chin	£15.00
Under arm	£17.00
Bikini	£20.00
Brazilian	£39.00
Hollywood.....	£42.00
Half leg.....	£23.00
Three quarter leg.....	£27.00
Full leg.....	£33.00
Full leg and bikini.....	£44.00
Full arm	£23.00
Half arm.....	£19.00

